

# Nailcare Academy

## ANT LEARNING ACTIVITY - MODULE 2:DISEASES AND DISORDERS

### Fill in the blanks:

1. \_\_\_\_\_ is a catch all term for irritated skin.
2. A delayed hypersensitivity reaction involving allergens and antibodies is \_\_\_\_\_.
3. \_\_\_\_\_ is an acute or chronic non-contagious condition of dry or moist lesions
4. Round, dry, red patches covered by coarse white-silver scales is \_\_\_\_\_.
5. An infection called \_\_\_\_\_ is caused by the same virus that causes chickenpox.
6. When the nail plate grows and cuts into one or both sides of the nail fold it's said to be \_\_\_\_\_.
7. \_\_\_\_\_ is excessive dryness of the skin, causing redness, scaling and fissures; can happen anywhere on the body.
8. In \_\_\_\_\_ Diabetes, the body does not produce insulin, a hormone needed to convert sugar (glucose), starches and other food into energy.
9. \_\_\_\_\_ is described as a burning, tingling (paresthesia) or absence of sensation on the bottom of the feet.
10. Swelling of the subcutaneous tissues caused by obstruction of the lymphatic drainage, usually in an arm or leg, is called \_\_\_\_\_.

### Matching

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|--------------------------|--|
| ___ Plantar Warts        | 1. Any condition that affects the circulatory system   |
| ___ Vascular disease     | 2. Type 2 Diabetes, some require oral medications, others may require injections   |
| ___ Adult Onset Diabetes | 3. Hyperkeratosis; a non-contagious, chronic, inflammatory disease   |
| ___ Scabies              | 4. The most deadly form of skin cancer   |
| ___ Ulcer                | 5. About 80% of the onychomycosis cases  |
| ___ Psoriasis            | 6. An infestation of tiny mites that live and multiply in the skin   |
| ___ Autoimmune Disease   | 7. Resembles a blood blister, bruise, or brown-black patch on the finger or toe  |
| ___ Melanoma             | 8. Usually pinpoint or capillary bleeding looks like black seeds   |
| ___ DLSS                 | 9. When the body tissues are attacked by its own immune system.  |
| ___ Subungual Melanoma   | 10. A deep, abscess-type wounding resulting from insufficient vascularization (poor circulation) or continuous pressure in one location. |