

Soakless Pedicure

Nailcare Academy Protocols

This protocol is developed to provide safety, relaxation and results for the client.

1. Greet and seat the client/patient:
 - New patient - fill out the NCQ
 - Returning patient - review and ask “has anything changed since your last appointment?”Cleanse hands and put on PPE before touching the feet.
2. Antiseptic spray or wipe, cleanse the feet with an antiseptic spray/gel, floss between the toes and remove their polish, if needed.
3. Visually inspect/perform the analysis, ask questions and make notes on their chart.

Determine appropriateness of the service; if not appropriate for treatment, stop the service. In-office, ask the physician to come into the room. In-salon, prepare the referral slip for sending the client to their physician.

If the treatment may proceed, suggest the treatment and benefits. Gain acceptance or move to another suggestion.
4. Initial (dry) callus exfoliation is performed with an appropriate buffer or e-file, if needed.
5. Polish removal, shortening/shaping, while discussing the service. Perform flossing.
6. Wrap the feet on warm wet towels and allow the client/patient to sit a few minutes. Use the time to prepare the SMA with the sterile implements in pouches, discuss polish color and place a clean towel where the feet will be on the floor.

NOTE: Discussing polish color later in the appointment reduces disappointment when a service must be denied.
7. Unwrap one foot and perform the appropriate massage and wrap in a warm towel. Move to massage the other foot.
8. Time for treatments!
9. Perform the nail detailing steps. (“Recheck” if all is well.) Floss between the toes with dry floss material.
10. Perform the nail finish, if any: polish, matte buffing, high-shine buffing, etc.
11. Perform the client/patient post treatment tasks.
12. Prepare area for next appointment.